



Communities in Control:

**What does AI have
to offer?**



Exercise 1 : Stories of success (20 mins)

- Tables of 4
- One person interviews
- Another introduces themselves by telling their story

The most amazing and enabling experience you have personally had about communities taking control. (5 minutes each).

- What did you value most about your input?
- What did you value most about your role and your organisations?
- What were you able to do as a result of what happened in your story?
- Continue around the table until everyone has told their story.



Exercise 2 : Learning from the stories about enabling communities to take control (10 mins)

As a table consider and write on flipchart paper:

- what you have learned from your 4 stories about the core factors that give 'life' to enabling communities to take control?
- What this seminar can learn from your stories about what people like you can do to enable communities to take control?
- Please choose someone to feedback



Background to Appreciative Inquiry

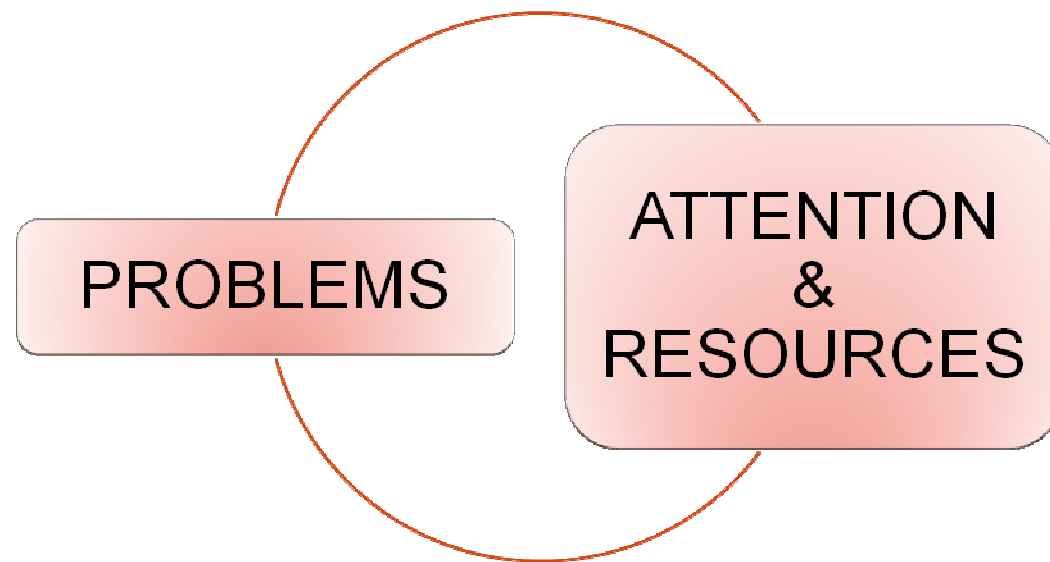
- Developed by David Cooperrider in the USA for use in organisational change
- Used in a range of organisational change settings to assist and empower participants to identify their own solutions
- Including industry (Passion, freedom and results at Halfords), cities (Imagine Chicago), refugee camps

Criticises problem solving

Assumes our societies are problem focused

Problems attract attention and resources

This attracts people to look for more problems





Uses a Solution Focus

Learning from successes:

- what works well
- do more of it



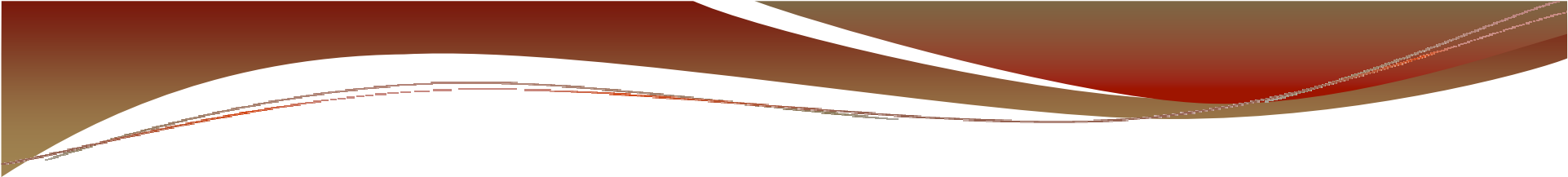
5 Appreciative Inquiry Principles

- How we talk about the world is how we see it
- Inquiry and change are simultaneous
- Everything is constantly changing and the ‘story’ is being co-authored. There can always be a positive or negative story. AI uses the positive one
- The best resource for change is our collective imaginations and conversation about the future
- A positive mindset underpins the work which will create positive answers



Qualities of Appreciative Inquiry

- Power of positive mindset
- The way we talk about things influences what we create around us
- Participative



Involves everyone through all the processes of the inquiry (research and action) through:

- Sharing stories of what works (data)
- Conversations between the 'right' people leads to action (analysis to implementation)



Applications

- With Overview and Scrutiny Committees on health inequalities
- Training of Health Trainers, locality workers, multidisciplinary groups
- Away-days with voluntary sector organisations, community development workers, public health departments
- Evaluation and scoping exercises
- Developing tools for action on safety and wellbeing in schools



Definition

**Communities in
Control**



DISCOVERY

Gathering & sharing stories

**The most amazing and enabling
experience you have had about
communities taking control**



**Positive Core/ strengths
that need to be sustained**



DREAM –shared desired future

DESIGN - Designing :

- the structures needed to get from the best of now to the vision,**
- out the barriers**

DESTINY focuses on sustainability by looking at - How to empower, learn, adjust and improvise



Workshops

- Informal – market place for conversations
- Your time to actively get as much information as possible from the speakers
- To answer the questions that matter to you
- Move to different workshops if the conversation is no longer useful to you