



Community Exchanges

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Working with the people and communities of Cumbria to realise their potential

Community Exchanges



- They bring the community together
- Reduce isolation
- Provide services

Most people have chosen to set up community cafés



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Activity



- Marketing and promotion of community exchanges in Allerdale, Copeland and Carlisle
- Support to communities in setting up exchanges



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Key Outcomes



- The formation of four exchanges: Muncaster (Copeland); Blencogo (Allerdale); Nicholforest & Burgh by Sands (Carlisle)
- The making of two films of exchanges in Crosthwaite and Culgaith which form part of a toolkit are marketing tools for the future



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